



CERTIFICATE

OF PARTICIPATION

This is to certify that

Donovan Adams

Has successfully participated & completed the

42km The Spar Knysna Forest Marathon

held at Knysna.

TIME 04:40:39

PACE 06:39/km

GENDER 220 of 563

OVERALL 279 of 834

40+ 63 of 161

08 July 2023, Sat

Date